

# ALL ABOUT THE PROBLEMS OF HOUSEWIVES HICKSON

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## GAY SHOES ARE OFFERED TO MATCH GAY GOWNS

### Red Heels for the Street Urged by Extremists, and Colored Uppers Will Be Universal

IN spite of the fact that a much quoted Boston dancing master declares that the road to beauty can be successfully followed only by those who go barefoot, shoes are given more prominence than ever in the spring fashions. A few years ago, when skirts shortened, many women who had theretofore been careless about their footwear woke up to the fact that the matter of dressing the feet was worth serious consideration. The coming of scant skirts a year or so later caused still greater demand for pretty footwear. This season skirts have lengthened, but even when they do not show a slash at instep or ankle they focus attention on the foot. Anyway, the love for fine shoes is now so surely a part of every woman's makeup that trailing skirts five yards around would not make it less.

Buttressed shoes are still in favor, although laces are sometimes worn with high outing shoes. Both French and Cuban heels are worn for both house and street wear and the curved Cuban heel, between the conventional French and Cuban in outline and called by some dealers the New York, by others the American heel, is still popular. It meets a real want, for it provides sufficient base to make it tolerably comfortable for walking and at the same time presents a graceful outline.

It is short, having only eight buttons. The perforated vamp gives it style and for wear with corduroy tramping costume or thin wool knockabout suit it will be in demand. The new tan boots do not stain from any sort of outdoor tramping. They can be washed with warm water and soap when they are soiled and look like new after their bath.

When a woman is in an athletic frame of mind, when in spite of possible rain or muddy roads she craves long tramps through woods or fields, she favors the low cut tan shoe. When she would take air and sunshine in a linen or serge suit or a lingerie frock she favors the high cut white buck boot. The one shown is fastened with sixteen buttons. The dainty stitching on the long vamp is a feature of the new buckskin shoes.

For wear with afternoon gowns black satin shoes have preference over every other sort. The boot shown has a ribbed satin vamp and fastens with black pearl buttons. Black satin wears well and can be relied on to hold shape and cut.

The patent leather slipper shown is made with French heel and turned sole and is suitable for afternoon wear, when a low shoe is wanted. It is made striking by the addition of a cut steel buckle strapped with velvet. Cut steel buckles are to be much in evidence for day wear.

They practically take the place in the daytime that rhinestone buckles take in the evening. The evening slipper shown is of taupe suede made up in French style. The buckle of rhinestones or brilliants is filled with a puff of suede.

#### Choosing Three Pairs.

The woman who must limit her expenditure on shoes to a small amount would do better to get along with three pairs of well chosen shoes of good quality than to buy five pairs of cheap ones. She must confine herself to conservative models in footwear and she must choose each shoe with a distinct idea of the service it will have to perform. One pair of tan shoes, one pair of high buttoned black shoes and one pair of low black shoes, suggested in the illustration, form a serviceable combination.

The high tan shoes shown are made of washable leather. The uppers are of tan cloth. Such shoes can be worn with a tailored suit and with simple thin dresses.

For afternoon wear indoors or out the high black buttoned boot shown is satisfactory. The suede cloth uppers and the pearl buttons give a look of smartness to these shoes which is strengthened by the plain patent leather vamps.

Every woman, whether she has three or a dozen pairs of shoes, would welcome a Colonial pump, unless, of course, she is unfortunate enough to be unable to wear pumps. That shown is of black suede and is finished with a gun metal buckle. It will be found useful for afternoon wear, for informal evening wear and for warm weather street wear. Pumps nowadays are not so difficult to keep on as they used to be. For one thing, the buckles over the base of the instep help to hold them in place. Besides that, a small strip of suede, which clings to the stocking, is usually fastened inside the heel of the shoe.

White buckskin pumps are almost as useful as black Colonial ones. Some of smart appearance are piped about the top with a narrow bias band of black and white striped silk and are decorated with a buckskin bow piped with silk.

#### Ribbons for Evening Slippers.

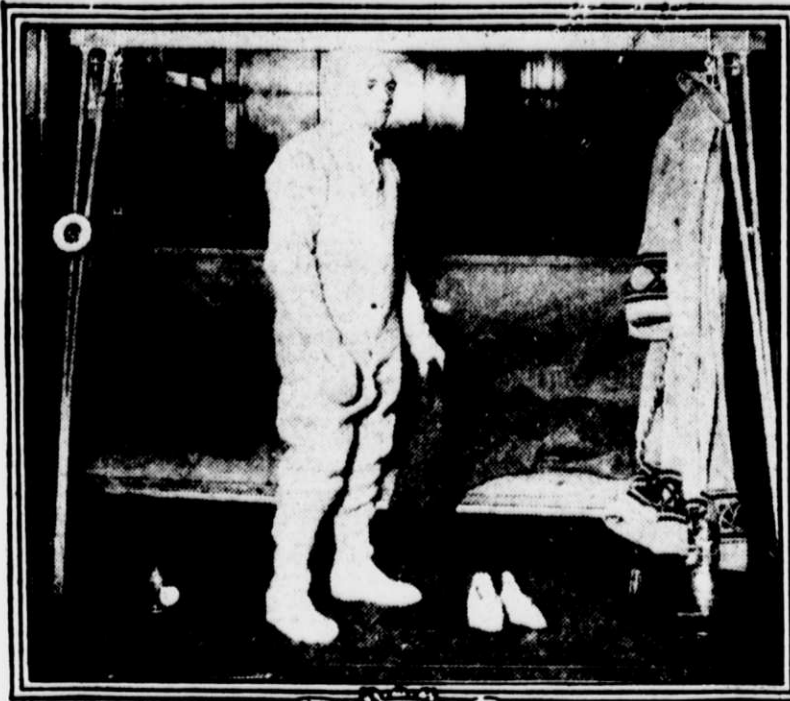
For formal evening wear plain colored satin slippers take precedence. The slippers, although of plain satin and simple in design, are made elaborate by a buckle or other decoration. Buckles of cut steel, beads of various colors, rhinestones and other stones are all used, and so are decorations of chiffon and satin in the form of rosettes, roses or puffs.

The low cut evening slipper that is kept on with difficulty is often fastened over the instep and about the ankle with bands of ribbon. These bands, matching exactly the color of the slipper, are fastened on opposite sides of the slipper rim about an inch from the buckle. They are crossed over the instep, crossed at the back of the ankle, crossed again higher up at the front of the ankle and fastened just below the calf of the leg with a buckle or fringe or flower decoration to match that on the slipper.

For negligee wear there are many comfortable models. Boudoir slippers of flowered silk, lined with quilted silk in plain color, with substantial rather low heels, express the essence of comfort in all their lines. Mules of silk or cretonne with Louis XV. heels or without any heels at all are most convenient for bedroom wear, because they can be so easily slipped on and off. The Geisha bedroom slippers, needless, made of ribbon gathered on a soft sole and drawn up at the top with an elastic, are trimmed with fringe of lace, ruchings of narrow ribbon and with bunches and strands of tiny artificial flowers. Some of them are shaped over the toes by means of a sort of mitering of the ribbon at that point, an arrangement of fullness which gives them more shape than they need have.

## SLEEP IN THE OPEN FOR YOUR HEALTH'S SAKE

### Equipment Not Expensive and the Gain in Strength and Zest in Living Is Remarkable



New fitted sleeping bags offered for those who intend to sleep in the open this spring and summer; also the canvas hammock with its thermometer which is used on porch or under the trees.

OUTDOOR sleeping is a fad worth taking seriously. That fact is established by the number of camping parties made to the Rockies, to the Adirondacks, to the Maine woods, to Saranac or to any other spot on the globe where there is a chance to find out what it feels like to sleep out of doors in the cold.

Not everybody, of course, has time or money, even if he has the inclination, to make a trip to Saranac or the Rockies equipped with furs and blankets enough to make an Eskimo's eyes bulge. But every one who wishes can make a short excursion into the country to enjoy in a milder degree the blessings of a night's drop in temperature, a starry canopy and a bed of balsam boughs. Camping parties for outdoor sleeping are one of the most popular and enjoyable forms of springtime diversion.

Even those who have not time for the short outdoor sleeping excursion can try sleeping in the open at home. Look at the sleeping porches in any suburban community for evidence that home outdoor sleeping is popular. Some persons even decamp to their own back yards at night to breathe in air and health and

others sleep with their heads out of the window on specially constructed head rests with canvas wind shields.

Society has taken up outdoor sleeping enthusiastically because it is fun to pack off to the woods or mountains in the cold, and safe under warm blankets in luxurious fur bags imagine what the Pilgrim Fathers must have felt like when they, with the Pilgrim mothers and children, camped on Plymouth Rock one winter night 200 years ago. But the reason the fad demands serious attention is because it is the most healthful and which has received society's sanction for a long, long time.

One doctor, so important to health did he consider outdoor sleeping, had the sides of a corner room in his house actually removed in order to make a comfortable sleeping porch.

#### Keep Warm.

The only possible danger from sleeping out of doors is that of catching cold from exposure to wind, cold or dampness. Protected with dry, warm coverings which are waterproof and with some shield against the wind, the sleeper runs no risk. There should be protection

against strong winds, however; a physician who urged persons with colds to keep out of doors, even when the weather was far from balmy, forbade their putting their heads out of the window in windy weather. As there should never be exposure to dampness. Even the Indians recognized this, and after they had been tramping through mud and wet grass they would dig a hole, build a fire in it and sit about with their legs dangling over the heat until their feet were dry before they would go to sleep.

A special sleeping bag called a schlaf-sack is imported from Germany. It is equipped with a pneumatic pillow and one blanket. The bag itself is waterproof and is made with a hood, supported on hoops, which is detachable. This bag costs between \$17 and \$19.

The sort of bag used by the United States troops when camping, called the Kenwood sleeping bag, is made of waterproof canvas and costs only \$1, without equipment. Such a bag could be equipped with bedding already on hand. When regularly equipped this bag contains a camel's hair blanket which costs \$1 and a high grade woolen blanket which costs \$6 and which is itself made in the shape of a bag.

#### An Ever Useful Sleeping Rug.

For \$11 a spacious sleeping rug can be bought. This rug is quite as serviceable for use in the steamer chair of the ocean traveler as it is in the porch or canvas shelter of the outdoor sleeper. It is made of heavy zibeline, dark brown, lined with light brown, and has a detachable hood. It is made like an envelope, laced up over the feet and knees and buttoned above, so that the wearer can have free use of the arms.

Outdoor sleepers say that no matter how many covers are piled over and under they cannot be warm in really cold weather unless they wear a close fitting garment of woolen. Angora sleeping suits, which cover hands and feet, as well as the rest of the body, and button snugly under the chin, are sold for wearing in bag or hammock. For children from 2 to 6 they cost about \$5.

A bed hammock, by the way, is a comfortable form of outdoor bed. The canvas wind shield provides the necessary protection against the breeze.

The head should be protected, just as it is when one goes out of doors in the daytime. An aviator's cap of fine soft wool, which can be had for \$1.50, is warm and comfortable. Another useful style of headgear for the outdoor sleeper is a cap which slips over the head and has a cape attachment over the neck and shoulders. There is a round opening in this cap over the face, and in warm weather the cape portion can be turned back and fastened to the head.

Warm slippers and robe should be provided for the trip from the tent, cabin or house where sleeping clothes are doctored to the outdoor sleeping place and back again. A thermos bottle containing hot milk, water, chocolate or tea for refreshment in case of chill, a thermometer for registering the temperature and a camp lamp of some sort complete the outdoor sleeper's equipment.

#### Copper Egg Boilers.

Small devices for boiling eggs on the table are made in copper. There is a spirit lamp under an egg shaped copper receptacle for water. The cover of the copper egg removed discloses a holder for four eggs to sit in. The eggs can be cooked in any desired way, and when they are done the holder can be lifted by a handle from the water and the eggs removed. The water can be boiled by means of the spirit lamp, before the eggs are put in, and then kept on boiling until they are done; the spirit lamp can be turned out the minute the eggs are in, the eggs can thus be cooked, or can be started in cold water.

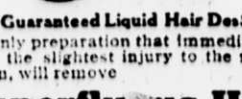
## Take Off the Fat Where It Shows



Most women suffer much humiliation because of great quantities of fat, so located that, no matter how they dress, everybody sees that they are abnormal. This is the day of the slender figure, and fat women are simply not tolerated either in business or social affairs. Women may not know it, but men when they see a fat woman pass them on the street or in public places make all manner of sympathetic remarks about her. They do not mean to be unkind or to seem unmanly, but it is natural for a man to dislike fat on a woman. Where fat shows the most there is where it must be removed, and as quickly as possible. This season's dresses seem to be made for the fat woman's misery, and the slender woman's delight. They expose all the charms of woman and her ugliness as well. Exercise and diet will not remove fat. This has been proved. The famous Marmola prescription which has met with such phenomenal success and has so many of our society women as its sponsors, is now being sold in tablet form to mark the demand of the public for this style of treatment. These little tablets go into your system just like food. They stop the stomach and digestive apparatus from producing fat and reduce the fat upon the body at the rate of about 12 to 15 pounds a day. They are harmless and can be carried in your purse and taken even after you have indulged in a hearty meal away from home. They are sold at all drug stores at 15 cents a case, or if you prefer you may write the Marmola Company, Farmer Bldg., Detroit, Mich.

## Stop Experimenting

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FIFTH AVENUE  
AT 52D STREET



Here are the new shoes, slippers and pumps for morning and afternoon wear. They are of tan, white canvas, dull kid and patent leather.

The fact that French heels are widely used on street shoes is doubtless deplorable from the point of view of the physician. But the craze for curved heels is easily understood. This is a day when fashion makes most of the natural lines of the body, and all these lines are curved. The incurving French heel really follows the reflex line of the out-curling heel of a woman's foot.

The short vamp, which was supposed to make the foot look smaller, did have the effect of making it look shorter, but at the same time increased the apparent width. Long vamped shoes are back in favor and really show a better line than the short vamped sort.

Black and white and colored pearl buttons riveted with steel are much used. Indeed buttons which were once considered purely utilitarian are now depended on for shoe decoration. Black buttons are used on white and red shoes, white buttons are used on black and colored buttons are used on everything. The woman who must limit her expenditure on shoes might find it well to avoid brightly colored footwear—high red leather shoes, satin shoes of bright shades with satin covered heels and patent leather tips and shoes of checks, plaids and stripes of vivid hue. Such shoes, although smiled on by fashion, are so conspicuous that if worn constantly they might identify their owner as "the woman who always wears the red for blue or checked as the case might be" shoes.

#### Twenty Dollars Worth.

The group of five shoes illustrated suggests a combination for the woman who can invest from twenty to thirty dollars in a spring supply of shoes. The tan boot shown is for out of door

## GETTING THE WINDOW BOXES READY

It is time to make ready the window boxes, and every lover of flowers rejoices. In city or country nothing gives a more interesting character to a house than well filled and cared for window boxes. In France this fact is fully understood. The humblest cottages are often gay with flowers blooming on the window sills. Even the business houses there have made use of the window boxes.

One of the great dressmakers, whose name is known all over the world, appreciating the suggestion of charm and coolness which flowers give, has the windows of his business establishment fitted out with boxes filled with perfect growing flowers. In the summer, the time when many of his foreign patrons visit Paris, his business house makes an altogether beautiful spot in a neighborhood which is itself attractive enough. Surely if the fair American has any money to spend she will gladly spend it there.

One thing to remember in planning window boxes is that it is better to have a definite color scheme in mind and to buy flowers which conform to this scheme. For instance, pink and white can be carried out with pink geraniums and marguerites; scarlet and green, with red geraniums and ivy. Sweet alyssum, ageratum and marigolds, with white edged vinca, make a charming combination of blue and white. Heliotrope, white geraniums and ivy are interesting for a lavender and white box.

Potted plants, sunk in a box of moss, can be used, or else the flowers and vines can be planted directly in the soil. If the

moss filled box is used the plants can be changed from time to time without much trouble, but possibly they do better when they are rooted in the soil of the box.

A metal box is suitable for holding the moss, but wood makes the best box in which flowers are to be planted directly. Cypress, authorities say, is the best wood, and although it costs a little more to begin with it outlasts any other material. Wood soil should generally be mixed with sand for use in winter boxes.

Nasturtiums are satisfactory growers in boxes. The dwarf variety should be used and the plants should be thinned out to stand six inches apart. The flowers should be picked regularly. If this method is followed blossoms can be had all summer, until frost kills the plants in the fall.

Climbing nasturtiums can be combined with those of dwarf habit. Two climbing plants at each of the two corners of the box nearest the window can be trained over a cord or a trellis made of wood which follows the outline of the window frame. It is not well to train any plant on wire, as the wire twists quickly in notsun, burns the stems twined about it and ultimately causes the death of the plant.

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